

The Dunesletter

A Publication of Woodland Dunes Nature Center and Preserve

he end of the year is a time of reflection, making



Getaway with the Dunes: Key West

Woodland Dunes newest fundraiser was great fun for everyone who attended and brought in substantial support for our organization. Above, Jessica Johnsrud presents the door prize, an iPad donated by Ellen and Don Lewellen, to Dan Gray. A live auction with Bob Gahl, a silent auction, live music by the Schmidts, food, and games, and the work of tireless volunteers made the event an evening to remember. Next year's event is Saturday, November 10, 2012. Put it on your calendar now and watch for more details in the Dunesletter.

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From the Director

It appropriate that our holiday season begins with Thanksgiving. With age I think one becomes more thankful for smaller blessings, or perhaps it's just that we become more aware of them over time. One of my greatest joys is to sit, as I am now, at the kitchen table with a mug of tea, watching our bird feeders for a few minutes. The birds and squirrels break their fast the same time that I do, although unlike me, they are in constant motion as they refuel themselves for another cold day. Gawain, our cat, perches on a wide windowsill in front of me, his tail sweeping back and forth like a pendulum, betraying his more than casual interest in the feathered treats on the other side of the glass. This, to me, is a perfect and refreshing way to start the day, although it happens infrequently these days. Usually I am rushing in the morning, only vaguely aware of all the activity taking place in the lives of my fellow residents. Perhaps there should be an occasional announcement, like "This exceptional moment has been brought to you at no charge by Nature—pay attention!"

I am also becoming more aware of how precious Woodland Dunes is, both as a place and as an community of people who care about nature. As this is being written, we have just finished a busy fall season, with a series of successful events and programs that could only have happened through the hard work of our staff and a wealth of incredible volunteers. To all of you who help this organization in so many ways—with maintenance, educating children, citizenscience and wildlife programs, gardening, greeting visitors, serving on our Board and committees, managing records, fundraising, financial support, and everything else—know that we are truly grateful for what you do. It seems each year we try to do more with the same resources, and, thanks to all of you who support us every year, we are usually able to find a way.

As the year comes to an end, we review our status, and realize we should be thankful in that regard also. That a small nonprofit with such large ambitions can exist at all is remarkable, and not only do we exist, we make a difference. Our major challenges, like finding sustainable funding and managing invasive



The Behringer Room of the Two Rivers Community Center was filled with friends of Woodland Dunes for Getaway with the Dunes: Key West. Above, a live auction with auctioneer Bob Gahl. Bidding was fast and furious for prizes like Packer tickets and a bird watching breakfast.

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Coming Events



Looking for solar flares at OwlFest with All Kluczinske

Snowshoe Rental at Woodland Dunes

Enjoy exploring the winter landscape on snowshoes. Snowshoes will be available to rent from 9:00 a.m. to 4:00 p.m., Monday through Friday plus Saturdays, January 7 and February 4 from 9:00 a.m. to noon. Check our special events for more evening and weekend opportunities. Snowshoe rental: \$5 a pair.

The Wonder of It All Wisconsin Logging History

Wednesday, December 14 • 1:00 to 3:00 p.m.

Take a break from the holiday rush and learn about Wisconsin logging and sawmill history with Bob Walkner. See tools that shaped our state and get a glimpse of how our past has molded our present. Registration by December 9 is appreciated. Sponsor: The Dominion Foundation.

Full Moon Walk

Monday, January 9 • 6:00 p.m. Donations appreciated.

Enjoy a self guided walk, snowshoe or ski in the moonlight. (Trails are not groomed.) You'll enjoy a completely different world than the one you see during the day. A limited number of adult and kids' snowshoes will be available for rent at \$5/pair. Please call to reserve.

The Wonder of It All Plants in the Cold

Wednesday, January 11 • 3:00 to 5:00 p.m.

In this workshop, we will examine the challenges that plants face in the Wisconsin winter, like low temperature, heavy snow and strong winds, and then explore the ways that they cope with these challenges. There will be a short walk outside (weather permitting) followed by a presentation indoors. Instructor: Dr. Jason Mills, Assistant Professor of Biology, St. Norbert College. Registration by January 6 is appreciated. Sponsor: The Dominion Foundation.

Snowshoe Hike

Saturday, January 21 • 9:00 to 11:00 a.m. Member, \$3; Nonmember, \$5

Explore winter ecology on this guided hike to the West Twin River: see who is still active on the preserve. A limited number of adult and kids' snowshoes are available for use—call to reserve. Registration by January 17 is appreciated.

Full Moon Walk

Tuesday, February 7 • 6:00 p.m.

Donations appreciated.

Enjoy a self-guided walk, snowshoe or ski in the moonlight. Bring family and friends along for this great experience. (Trails are not groomed.) Adult and kids' snowshoes are available for rent at \$5/pair; call to reserve.

The Wonder of It All Why don't we have dinosaurs in Wisconsin?

Wednesday, February 8 • 5:30 to 7:00 p.m.

Explore Wisconsin's geologic history with Dr. McKean, Assistant Professor of Geology, St. Norbert College. We will take a look at Wisconsin's past, focusing on the fossil record. Registration by February 3 is appreciated. Sponsor: The Dominion Foundation.

Candlelight Night

Saturday, February 18 • 6:30 to 8:30 p.m.

Member, \$5; Family \$10

Nonmember, \$8; Family, \$15

Snowshoe, ski or walk through the woods on a candlelit trail. The magic of the snowy winter woods will enchant you and your family and friends. Live music provided by Schmidt Happens. Warm beverages will be served. Held at the Nature Center. Some adult and kids' snowshoes are available for use; please call to reserve.

The Wonder of It All Amphibians of Woodland Dunes

Wednesday, March 14 • 12:30 to 2:30 p.m.

As winter turns to spring we will explore the natural history of amphibians and learn to identify by sight and sound the frogs and salamanders that make Woodland Dunes their home. Registration by March 9 is appreciated. Sponsor: The Dominion Foundation.

Grafting Fruit Trees

Saturday, March 31 • noon to 2:00 p.m. Member, \$20; Non-member, \$25

Do you wish your ornamental crabapples had large, juicy apples? Or your crabapple tree had pink flowers instead of white? For centuries people have been changing fruit trees to suit their needs and you can too. In this class we will each graft and take home two semi-dwarf trees of your choice (apple, pear or plum). Root stocks and scion wood (fruit tree cuttings) provided. Additional materials will be available for a fee. If you have a sharp knife bring it with you; some will be available as well. Registration by March 16 is required.

Winners of Getaway Baskets

If you do not want the basket your getaway auction items were packaged in, please return it to Woodland Dunes for reuse.

For information, call (920) 793-4007 or check our website at www.woodlanddunes.org.
Unless noted, all events are held at the Nature Center.

At the Dunes

Scion Wood Exchange

Saturday, March 31 • 2:00 to 4:00 p.m.

Join fellow fruit tree enthusiasts as we swap stories and trade scion wood from various trees. Bring as many types of cuttings as you wish. Follows our grafting class; free to the general public. Registration by March 16 is required.

Wonder of |t All ebird and Birding 101

Wednesday, April 11 • 9:00 to 11:00 a.m.

Learn basic birding skills, then enjoy a guided hike with a Woodland Dunes naturalist. Following the hike learn how to use Cornell's ebird program to help scientists learn more about bird population and distribution. Registration by April 6 is appreciated.

Searching for Sky Dancers and Frogs

Saturday, April 14 • 7:30 to 8:30 p.m. Member.\$3: Nonmember.\$5

Join Woodland Dunes naturalists on a night hike to search for the elusive sky dancing Timberdoodle and listen and look for the frogs that live on the preserve. Registration by April 2 is appreciated.

Shoots, Sprouts and Flowers Spring has Sprung Herbal Series

April 25, May 2, May 9 and May 16, 2012 Member, \$115; Nonmember, \$120

Did you know that young yellow dock leaves contain a substance that relieves the irritation from stinging nettle? Did you know that cooking, pulverizing and drying stinging nettle, takes away the sting and leaves one of the most nourishing plants on the planet. You'll learn all of this and more! Join herbalist and wild crafter Linda Conroy for this fun and inspiring herbal series. We will visit the early plants of spring and learn plant lore and applications for food and medicine passed down throughout history. Leave with recipes and an herbal first aid kit, for the bites, stings and irritations of spring plus a dash of inspiration. Registration required by April 9.



"The Fox Den" at the Enchanted Forest.

The Wonder of It All Tree Physiology and Forest Hike

May 9 • 1:00 to 3:30 p.m.

Join Sue Crowley, Wisconsin DNR forester, on an exploration of the inner workings of a tree, then stroll through the forest to learn more about Woodland Dunes' forests. Registration by May 4 is appreciated. Sponsor: The Dominion Foundation.

Dash at the Dunes

Saturday, April 28th.

Check our website early next year.

Migration Celebration and Bird Breakfast

Saturday, May 12 • 8:00 to 11:00 a.m.

Butterfly Garden Festival

Saturday, August 18, 9:00 a.m. to noon

Enchanted Forest

Saturday, October 6



Little"owls" at OwlFest enjoyed the efforts of our volunteer face painters.

species remain, but we are making progress. In the preserve, a number of species new to us were identified this year: plants, insects, and other animals. More than 4,000 people, chil-

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dren and adults, visited or were visited by our staff for educational programs. Our facilities and trails were improved. Our staff grew in their expertise in many areas. We have much to be thankful for.

I hope you experienced much in your life in the past year for which you are thankful. I also hope you

appreciate your place in the natural world and realize how it sustains us.

Jim Knickelbine, Director

Native Tree and Shrub Sale

Woodland Dunes is currently accepting orders for its annual Native Tree and Shrub Sale. When you order trees and shrubs through this



sale, you receive quality native plants and help Woodland Dunes at the same time. Native plants are well-adapted to our conditions and provide food and shelter for birds and other wildlife.

Order forms can be found on the homepage of our website at www.woodlanddunes.org .To request an order form, please contact Jessica at jessicaj@woodlanddunes.org or call 920-793-4007. If you ordered from us last year, you will receive a form via email or in the mail soon.

All orders must be received by Friday, March 16. Every attempt will be made to fill your order; however supplies are limited so order early. Orders will be available for pick-up on Friday, April 20 from 10 a.m. to 3:00 p.m. and Saturday, April 21 from 9:00 a.m.to noon.

In the Bleak Midwinter



When winter has frozen the ground and covered the landscape with snow, I like to curl up by an open fire and revisit my favorite gardening books. As I page through, I have to laugh at the suggestions—invariably from Brits—to get outside and pick some winter blooming flowers to bring color into the house. They assure me with just a little searching, I can find a late rose, some low-growing greens, maybe even an early spring-blooming bulb. As I gaze out at the chiaroscuro landscape, I wonder how deep I'd have to burrow in the snow to find even a crumpled and colorless rose petal. The perennial plants are mush on the compost pile, and the spring bulbs have shown no interest in a midwinter appearance. April is good enough for them.

I console myself with the thought that we northern people appreciate the more subtle aspects of nature, not relying on flash and brilliance for our pleasure. Form, texture, shades and tints, all of these catch our attention when the exuberance of summer is absent. Sometimes I head out into the forests and fields on snowshoes or skis, but often the icy winds discourage me from doing more than walking down to the end of the driveway to collect the mail.

But even this short excursion offers a glimpse of beauty. Across the road, snow-covered fields are lined by silhouetted trees displaying their architecture, black against white, some lacy, some sturdy, some weeping, some upright. The more distinctive I can recognize by their forms, but most just merge into an ebony deckled edge against the blinding white of the snow. Even experts admit difficulties in winter tree identification. Trees are not as consistent in form as they are in leaf shape or branching characteristics. Form and manner of growth are useful, but young trees often have a different form than adult trees, and forest grown and field grown trees differ as well. It's interesting to guess at what species I'm admiring, but really, it makes no difference to the visual delight of winter trees sharply outlined by sunlight or blurred by gently following snow.

On those days when relatively warm weather lures me out for an extended outing, I enjoy the understated colors and varied textures of tree bark. One of my favorites is that of the climbing hydrangea, *Hydrangea anomala* ssp. *petiolaris*. I planted a specimen near a pergola for the sake of its handsome leaves and lacecap flowers, but now that it is mature, I find the rust-colored, exfoliating bark one of its most appealing features. As I wade into deeper snow, the dusty lavender canes of wild raspberries catch at me; summer leaves conceal their beauty, but winter puts their improbable color on center stage. Paper birch show off year around with their ermine colored bark, but after planting a small copse, I discovered that young trees lack the finely-lined white bark we all admire. But with their butter colored leaves long fallen, I find that this year the thin, cinnamon-colored juvenile bark has started to peel away, revealing the pale ivory treasure within.

As I plunge deeper into the woods, I see the birds are still ignoring the plentiful, dark red fruit of highbush cranberries. Although attractive to the eye, they must be nasty tasting, taken only when there is nothing else to eat. Just about everything else disappears early in the season, including the fruit of the winterberry I planted for the sake of winter color, the white or dull blue-gray drupes of ubiquitous red-twigged dogwood and the cheery red fruit of the Washington hawthorn (*Crataegus phaenopyrum*). In one glutinous autumn feast, cedar waxwings descend in a flock and strip the tree bare. Flowering crabapples and rose hips persist into the winter, adding flecks of amber or dark red to the landscape, until repeated frosts make them palatable to birds, particularly robins.

An unplanned slide down the path to the lake opens another world, pale and silent. I wade through faded, ragged grass to a beach marbled by snow and sand. A fragile edging of ice marks the meeting of water and land. The lake itself seems to be breathing as tiny swirls of steam rise off the heaving pewter surface. No color enlivens this landscape, but the tiny trails of birds and animals add an air of mystery. Who was here before me? And why?

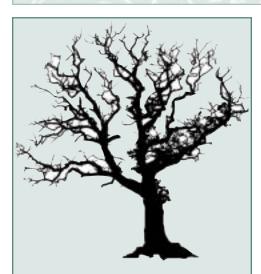
A rising wind sends me in search of shelter. Closer to the house, low-growing evergreens in their varied colors peek cautiously from under the snow. Until I started paying attention, I assumed they stayed the same color year around. Now I realize many of them turn gray or copper or plum in the cold. The tall juniper 'Wichita Blue' retains its pale bluish color all winter long, but its backdrop of native arbor vitae (*Thuja occindentalis*) turns a deep bronze, giving the

landscape a new depth.

Next to the house, the flash of a cardinal reminds me that I have duties. My escape to the woods is over, and it's time to fill the bird feeders, then return to the warmth and color of my winter home, where I can anticipate the first blooms of spring.

Susan Knorr, Editor

Notes from Nature



Winter's Salutation

Come winter, I turn to the trees, to their sure, beckoning branches lifted to that massive sky: Look! they chant, We are bere!

I drive along their highway meditation, am small audience walking through forest crescendos. Night folds on a young smooth-bark maple outside my window and me within joined in quiet recollection.

Yes, in past seasons they swelled with work—made the needed airgiving leaves, harbored remarkable squabbly spilling nests, and filled bins and caches with fruit and seed.

But now winter's spareness expects reflection, an accounting of blessings, and so I turn to trees for daily lessons in raising joy-strong limbs bared to morning's sun: We are here! We are here!

Jean Biegun

Jean Biegun has published several collections of her poetry, and has been published in local and national magazines.

Return from the Brink of Extinction

In 1903 Ludwig Kumlien and Ned Hollister wrote in *The Birds of Wisconsin*, "The wild turkey is so rare in Wisconsin that it is safe to say it is extinct." When white men first arrived in the state, they wrote, the turkey was abundant in southern Wisconsin. Turkeys were



originally found south of a line from Green Bay to Prairie du Chien. Deep crusted snow in the winter of 1842-43 was cited as the chief cause of their decline. According to modern analysis, habitat destruction, unregulated hunting, and diseases spread from domestic poultry were contributing causes of their demise.

The Wisconsin Conservation Department made several attempts to restock turkeys beginning in 1929. The present population of turkeys in Wisconsin is the result of introductions made in the 1970s. They now occur through the southern two-thirds of the state, with some as far north as Marinette County. The growth of new forests on marginal farms that were abandoned in the early twentieth century, and the establishment of refuges has probably contributed to this recent success.

The wild turkey (*Meleagris gallopavo*) was originally found from southern New England and southern Wisconsin south to the Gulf states, and west to the Rocky Mountains and northern Mexico. In other parts of its range, its history was much the same as in Wisconsin. The species survived only where habitats were mostly undisturbed. Birds from those areas were used to re-introduce the species in its former range and to establish it in other places. It now occurs in some of the Pacific states and the northern Great Plains.

Female turkeys usually lay ten to twelve eggs in a slight depression in the ground, that is lined with leaves or grasses, and concealed by grass or shrubs. The eggs hatch in about twenty-eight days, and the young birds leave the nest one or two days later. They are able to fly about two weeks after hatching. Males take no part in nesting or raising young. They make elaborate displays in early spring, strutting with all feathers fluffed out, tail spread, and wings drooping, making gobbling sounds, and trying to mate with as many females as possible.

Turkeys roost in trees, but otherwise spend their time on the ground. They travel in flocks when not nesting, usually segregated according to sex. They feed chiefly on acorns and other nuts, seeds, and fruits, but also consume small quantities of insects and other invertebrates, buds and grass. They are good runners and can fly powerfully for short distances.

Domestic turkeys are descended from wild turkeys captured in Mexico, where they have tail feathers with white tips. The wild turkey of the eastern United States has chestnut-colored tail feather tips. Wild birds are slimmer than domestic birds, and are much more wary. This excess of caution and their reproductive capacity have enabled them to repopulate their former territory.

John Woodcock



Perhaps the question I am most often asked about feeding birds is, "How can I keep the squirrels from eating the bird seed at the feeders?" My response has been tentative at best, and absent at worst. I am reminded of my dad's attempt to address the problem by live-trapping the squirrels that came to his feeders and removing them to the countryside. The last year he engaged in this trapping endeavor, he removed more than 180 squirrels, color marking their tails to identify repeat offenders. But seemingly for every squirrel removed, two more appeared, quick to participate in the banquet. It isn't just squirrels that are attracted to the free meals; the more interesting visitors arrive under the cover of night.

The problems with squirrels remind me of reading Beatrix Potter's Squirrel Nutkin to our daughter. It was one of her favorite stories. Although Miss Potter is best known for Peter Rabbit, it was Squirrel Nutkin who our daughter found most appealing. She even had a cherished Squirrel Nutkin plush doll. If you haven't read the story, here's a synopsis: Squirrel Nutkin, a red squirrel, lived in the English countryside with his brother and cousins. One week, they ventured daily by rafts to Owl Island, hoping to gather the plentiful hazelnuts. However, the island was the home of Old Brown Owl. Despite daily peace offerings, like three fat mice, upon their arrival, Squirrel Nutkin soon attracted unfavorable attention from Old Brown Owl because of his impertinence, almost becoming the owl's dinner. At the last moment he broke away, losing part of his tail in the process. Because of this frightful experience, when Squirrel Nutkin is approached, he stomps his feet, scolds and shouts the alarm "Cuck-cuck-cur-r-r-cuck-k-k!"

Squirrel Nutkin vs. Old Brown Owl

Squirrel Nutkin's opportunistic exploitation of the free and abundant food is precisely what gets our squirrels in trouble. Like Old Brown Owl, we want to discourage their uninvited presence at our feeders.

Fred Alyea, a childhood friend who now lives in Dunwoody, Georgia, has an attractive garden and patio area with an array of bird feeders that attract many birds. Like my dad, he has taken the fight with the squirrels very seriously. Most of his feeders are suspended from rafter ends, making it difficult for the squirrels and chipmunks to easily dine, but they do come to the feeder areas to eat seeds dispersed by the birds or the wind.

Unlike my dad, Fred has found a solution to the squirrel problem. He uses the active ingredient in hot peppers, capsaicin, as a deterrent to squirrels and other unwanted mammals. His arsenal of tricks includes a spray made from two two-ounce bottles of McIlhenny Tabasco sauce mixed in a gallon of water. He sprays this mixture liberally in and around the bird feeding areas, even on the bird food and feeders. Each time it rains, the mixture is reapplied. In our last conversation, Fred proudly proclaimed that squirrel, chipmunk and even raccoon sightings at their feeder areas

have become rare events.

Capsaicin's effectiveness in repelling mammals has a very interesting explanation. The protein irritant, capsaicin, stimulates the capsaicinoid receptor that mammals possess, but birds do not. When this happens, it in turn triggers the release of the neurotransmitter Substance P. which signals the reception of the painful sensation. (This is similar to the cool sensation we perceive when in contact with menthol, except menthol stimulates receptors that signal the sensation of cold.) Because the capsaicinoid receptor mechanism is missing in birds, pain is not perceived, and they suffer no ill effects.

This capsaicin story is a small part of a much larger story of how plants protect themselves from being eaten or destroyed by herbivores. This defense, anti-herbivory, employs various physical and chemical tricks similar to those that protect plants from being crowded by other plants (allelopathy). In the case of allelopathy, plants play nasty tricks on other plants in their attempt to succeed in the harsh reality of life.

Animals also come armed with many tricks of their own, acquired by the selective process, that permits them to deal with plants' defensive

Sprays to discourage squirrels and other mammals

Recipe 1 Mix one small bottle of hot sauce (like Tabasco) or one can of cayenne pepper with one gallon of water. Add one teaspoon of mild dishwashing detergent. (The detergent helps the pepper water adhere to the plants and other items.) The pepper spray will need to be reapplied after watering or rain. Because it contains a detergent, the spray should not be used on the feeders or the food. Any fruits or plant material that have been sprayed should be washed carefully as the detergent will have influences on your GI system that will be remembered in family stories for a long time.

Recipe 2 In two quarts of water, mix the following:

- One tablespoon of cayenne pepper
- One chopped Jalapeno pepper
- One chopped yellow onion

Boil the ingredients for 20 minutes, then cool and strain through cheesecloth. Spray the mixture in and around the feeder area. It can be applied to birdseed and feeders. This recipe is effective, but needs to be reapplied every three to five days, or after rain or watering.

These recipes should make you the Old Brown Owl of your neighborhood. And, if you feel especially inspired, you can experiment with your own concoction. Be sure to write down the ingredients as you make the product so others can also experiment. If it works, please let Woodland Dunes know about your success.

mechanisms. Dr. Bill Karasov, a UW Madison Forest and Wildlife ecologist, has written extensively about his investigations of animals' strategies, especially those of birds, to get around plant defenses to obtain nutrition from the plants. An article he wrote in 1993 entitled "In the Belly of the Bird," (*Natural History* Vol. 102: 32 - 37) describes the interesting adjustments birds make to their GI system in order to secure a meal from plant or animal food resources.

For example, quaking aspen produces coniferyl benzoate, a toxin which interferes with nitrogen metabolism, metabolically reduces energy and causes acidosis. Yet ruffed grouse consume the leaves of the quaking aspen as part of their dietary intake. Their livers transform the toxin into a safe metabolite and excrete the byproduct. And, as they dine upon the quaking aspen, they regulate the intake of leaves to prevent the intake of more toxins than the liver can detoxify.

Other findings reported by Bill Karasov are that birds have the ability to make adjustments in their own GI system to handle foods they are currently eating. This includes changing the structure of the stomach and intestine, and increasing or decreasing the speed with which the nutrients move through the gut. Some birds even change their diet from animal to plant material to take advantage of a seasonal food source. The robins remaining in our area and cedar waxwings are currently eating raisined fruits instead of worms and invertebrates.

These digestive system changes became obvious to me in the early 1960s when I was a grad student at Washington State University. Before Thanksgiving, thousands of Bohemian waxwings would descend upon the community of Pullman, Washington, just as the apples were beginning to rot and ferment. The waxwings would gorge on this delightful (to them) treat and quickly deposit the partially digested products where they were

Mechanical Squirrel Discouragers Another approach to unwanted "guests" at the feed-

ers includes the use of mechanical gadgets that selectively restrict the use of the feeders to birds. For bird watchers who like technology, many curious devices now exist that offer non-chemical alternatives to squirrel and other mammal problems. One such device involves a feeder with a battery-operated perch that is weight sensitive. It permits birds to perch and eat, but a heavier mammal attempting to feed causes the perch to rotate violently, flinging the squirrel or chipmunk around as it clings for dear life. Perhaps for some, this is even more interesting than watching the birds. Other devices involve spring-loaded perches that close the feeder when the heavier mammal tries to remove seeds. Options in all price ranges exist, and offer creative meaning to the bird feeding experience.

unappreciated. My opinion was that the alcohol contributed to this effect. Unfortunately, the work of Bill Karasov had not been done at this time, so this rapid movement of materials through the gut of the waxwings was not at all understood. For some reason the residents of Pullman thought the Zoology Department was responsible for this disgraceful event, and complained bitterly to the department each year. The department just said that they were not responsible for the waxwings' messy deposits.

Other birds have taken an entirely different approach to eating things that contain potentially lethal toxins or distasteful substances. Macaws and

Poisons in Plants

Red peppers (capsicums) are related to tomatoes and belong to the Solanaceae Family of plants. Also called nightshades, the family includes tomatoes, potatoes and peppers. This plant family is best known for producing the poison atropine (unrelated to capsaicin), which is very effective in paralyzing the parasympathetic nervous system. Together the sympathetic and parasympathetic nervous system control all internal organ function including GI, cardiovascular, urinary and reproductive. Needless to say, a little poison affecting this part of the nervous system will go a long way in upsetting the life of an animal. But, as deadly as atropine is, it is used in various drug formulations, including some that manage symptoms of diarrhea, and it is still used to dilate the pupil of the eye in some ophthalmic examinations.

some parrots that live in South America eat liana seeds that are loaded with strychnine. Using their large, powerful hooked bills, they crack open the seeds and consume the contents. Instead of getting a severe case of indigestion—or dying from a lethal dose of toxin—the macaws and parrots fly to a clay lick and consume the otherwise non-nutritious clay. The clay absorbs the toxins from the consumed seeds, permitting the birds to digest and extract their nutrients. This consumption of edible clay is called geophagy (earth eating), and is not limited to birds. Humans also consume seemingly non-nutritious items that correct gastric distress after a night at a cheap bistro. Sour belly? One-half cup of milk of magnesia, please!

Squirrels don't seem to have learned how to use clay to avoid the pain of capsicums. So if they don't get the message to leave the bird feeders alone through the use of physical barriers and other restraints, we can turn to the chemical world, and play nasty tricks just like the plants have been doing for a very long time. I am not certain what Squirrel Nutkin would say in response to our having fed him something that sets his mouth on fire, but it probably would be less hurtful than when Old Brown Owl removed part of his tail.

Chuck Sontag
Professor Emeritus, UW-Manitowoc

The Living Classroom

Explore and Restore

In 2011, Woodland Dunes, along with Debbie Beyer, UW-Extension agent, the Wisconsin Maritime Museum and the city of Manitowoc completed a watershed awareness project funded through the Wisconsin Department of Natural Resources River Protection and Planning grant program. Eight signs installed throughout the cities of Manitowoc and Two Rivers highlight the importance of water quality and the threats to the rivers in our communities. Signs are located in Washington Park, Paddlers Park and Vets Park in Two Rivers and Manitou Park, Henry Schuette Park, Riverview/John Schuette Park, Burger Boat Company Park and Silver Creek Park in Manitowoc.

A new River Protection and Planning grant was awarded for 2012 to continue our series of educational events and programs giving people opportunities to learn about the ecology of our river systems and what steps they can take to help improve water quality. In the 2012 grant cycle we will also be partnering with 4-H clubs to offer field trips and special programs. Programs will be advertised in our newsletter as well as on our website and Facebook page.

Living on the largest surface freshwater system in the world, we have the responsibility to understand and take care of the rivers and lakes in our backyards. Join us this spring as we continue to explore our relationship with water.

Injured birds and animals

If you find an injured or abandoned animal, please DO NOT bring it to Woodland Dunes. Instead, call WOW's pager number, 323-5609, and leave your name, telephone number and address. They will return your call, most likely within 15 minutes, and either come to pick the animal up,or instruct you what to do. Woodland Dunes cannot legally accept wildlife as we do not have a license to do so.

Citizen Science



Stream Sampling

Our volunteer stream sampling (through the Water Action Volunteer program) is winding up for the year. We appreciate the help of everyone who participated. This year samples were taken monthly on the Neshota and Devil's Rivers, the West Twin River in three locations, and two locations on the East Twin and one of its tributaries. This is a very good showing. We are part of a network that now includes about 400 sampling sites throughout Wisconsin, contributing a large amount of data which can be used by scientists studying our water resources. Add to this the hundreds who sample Wisconsin's lakes for both physical and chemical parameters and also invasive species, and you can see the importance of citizen-science monitoring. Thank you to all who helped.

eBird

Share your bird sightings with us. If you visit Woodland Dunes there is an easy way to share your observations with both our staff and visitors through eBird. eBird is an online reporting system for birders either expert or casual. We are now set up to help you access that system. People young or old can either stop at our front desk to enter their bird lists into the database, or learn how to submit their own observations at home. If you do the latter, please make sure you share your bird list with us. There is an easy way to do that on eBird (our user name is woodlanddune). Recently, in a one-month period, people submitted more than three million checklists to eBird. Imagine how much information is being gathered! We are

currently submitting weekly information from the area around our headquarters and Cattail Trail. Anyone can view those lists from the eBird.org website. We also plan to enter our historical bird data, and welcome any additional help or information.

Looking back: 2011

This year over 3,000 school children, over 500 adults and hundreds of families participated in Woodland Dunes environmental education programs, while thousands visited the preserve to learn and explore on their own.

Your membership and support make these opportunities possible and are integral in keeping Woodland Dunes' doors open free of charge, and admission fees for school field trips and education programs low. Thank you: your support helps us to make a difference.

Dominion Foundation Adult Education Series

Thanks to the on-going support of the Dominion Foundation, our adult learning series, The Wonder of It All, has been extended through 2012.

Monthly programs will be presented by Woodland Dunes staff and other natural resource professionals from the area.

These popular programs are open to the public at no cost. They cover a variety of subjects relating to our natural environment. Please check our calendar for listings; they are indicated by the heading "The Wonder of It All." Please join us and invite your friends and family.

Thank You, Volunteers

Teacher Naturalists: Cottonwood Trail, Owling 101 and The Forest Around Us

We could not do it without you. Jennifer Balma Geri Berkovitz Lee Brev Fran Brinkman Donna Drexler Andrew Goble Lou Ann Grav Jim Hess Jim Knorr Barb Koch Peg Juchniewich Betsy Blitz Kocourek Ellen Lewellen Dick Luchsinger Jeannie Miller Mary Ozarowicz Susie Polk Victoria Tyman

Owl Fest Volunteers

Gina Welch

Thank you for braving the wind to make Owl Fest a successful event
Mary Ellen Beebe
Helen Bleser
Julie Braunel
Lee and Ed Brey
Fran Brinkman
Jon Brouchoud
Lyn Brouchoud
Don Debruyn
Dave and Renee Evans
Lou Ann Gray
Patty and Dan Gray
Kevin Haggerty



Beth Carreno enacts the role of Fox at the Enchanted Forest event.



The Chickadees perform at OwlFest.

Tim Hamburg Chris Jagodinsky Barb Bundy-Jost Al Kluczinske Sue Knickelbine Emma Knickelbine Jim and Susan Knorr Barb Koch Betsy and Tom Kocourek Barb Kussman Donna, Kent and Amanda Langman Sue Marquardt **Jeannie Miller** Mona Moen Susie Polk Jayne Purchatzke Martha Rasmus Mary Savage Chuck and Marilyn Sontag Victoria Tyman Barb, Casey and Nick Vorron Rachel Welch Julie and John Woodcock

Enchanted Forest Volunteers

Lucy Zeldenrust

Thank you for enchanting!
Jan Bennet "Organizer"
Geri Berkovitz "Bat"
Fran Brinkman "Storyteller"
Bernie Brouchoud "Bone Yard"

Lyn Brouchoud "Gift Shop Gal" Beth Carreno "Fox" Crosby Carreno "Trail Lighter" Lou Ann Gray "Tree" Marty Gregory "Fire Tender" Al Kluczinske "Merlin" Jim Knorr "Spider" Susan Knorr "Vampire Kitty" Bonnie O'Leske "Hot Chocolate Guru" Mary Savage "Apple Bobber" Nivedita Sharma "Fungus" Victoria Tyman "Snake" Susie Polk "Skunk" Jim Welnetz "Trail Lighter" and a special thank you to McKinley Academy students and the "Kohls Cares" program volunteers for carving pumpkins.

Front Desk Volunteers 2011

Fran Brinkman Lyn Brouchoud Donna Drexler Jenene Garey Joan Hanson Joy Krejarek Dick Luchsinger Susie Polk April Sturz Lucy Zeldenrust

Birds

201 1: Birds Banded at the Dunes Northern Saw-whet Owl110 Gray-cheeked Thrush6 Nashville Warbler 4 Magnolia Warbler 12 American Redstart14 Common Yellowthroat6 Northern Cardinal6 Song Sparrow8 White-crowned Sparrow8

38 Species

294 Individuals

Aegolius Bird Club

The Aegolius Bird Club meets at Woodland Dunes the second Tuesday of each month from September through May at 7:00 p.m. Field trips on Saturdays are taken to places rich in bird life. Membership is open to anyone interested in birds, but you need not be a member to enjoy meetings or field trips. For more information and field trip details, call John or Julie Woodcock at (920) 683-3878.

No More Bird Seed

Due to cost increases, Woodland Dunes will no longer be selling bird seed. We are sorry for any inconvenience.

Dear Woodies

From the very beginning, Merle Pickett and Sr. Julia Vanderneack have been outstanding supporters of Woodland Dunes. Merle died recently, and while Sr. Julia is still with us, she is not well.

In 1978 Merle and Sr. Julia took me on my very first birding trip. Merle gave me my first bird book and off we went to Aransas, Texas and environs. To speed us on our way, Sr. Julia suggested we all compose haikus. I remember Merle considered mine limericks—not true. I haven't counted the syllables in the haikus, but if Merle Pickett said they are haikus, they are haikus.

Here are a few poems written by these dear and wonderful women, and dare I say, one of mine.

Nicki Davis

The flick'ring campfire Kindles a flame in my heart That reaches upwards. *Merle*

The moon rides on high Coasting on ancient legends On my nomad home. *Nicki*

Beautiful whoopers Feeding on Aransas flats Oh, transport of joy. *Merle*

The spring earth is green On this Sunday of the palms It is a promise. *Sr. Julia* Scissor-tailed beauty! You lift my soul toward heaven Ecstacy untold. *Sr. Julia*

Finally, these birders couldn't deny themselves one limerick:
Three women went south to Texas
To study birds in their nestes.
When asked to explain, their peculiar vein
They sweetly replied,
"Why we mustes."

Adopt an Owl

For \$25 you can adopt a saw-whet owl caught and banded at Woodland Dunes. Funds raised from this program support the mission of Woodland Dunes. Call the Nature Center for details.

Recent Owl Adoptions

Diane and Bill Baumann
Jason and Amanda Bavinek
Ed and JoAnn Boss
Pam Bowerman and Bob Puma
a gift from Nan Hallock
Kathy Eastling
Amy Dusick and Marian Farrior
Georgia Feldman
Ellen Fisher
Katrina Korinek
Alexia and Lance Lamont
Lowell and Linda Lamont
Wendy Lutzke
a gift from Laurie Paulin

Hope Moore
Laurie Paulin
Paula Lee Robins
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Florence Spindler
Addison Terry and Autumn Terry
a gift from Gail Terry
Barbara Unger
Lynn Van Vreede
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Gerald Weare
Mary and Clancy West

Kidland Dunes

A Dunesletter page for kids and kids-at-heart! By Belinda and Teresa Zoller



How much wood could a woodchuck chuck if a woodchuck could chuck wood? Well, clearly, a woodchuck would chuck as much wood as a woodchuck could chuck if a woodchuck could chuck wood.

You've no doubt heard the old tongue twister before. Woodchucks (*Marmota monax*), or groundhogs, as they are also known, are small rodents and part of the marmot family. They are technically the largest species of squirrel and they consume grass, small brush and many vegetables and fruits, which can become a pain if you have a garden.

All year long, groundhogs consume as much food as they possibly can, storing fat for the winter. On February 2, dubbed Groundhog Day, if a groundhog sees his shadow, it means six more weeks of winter, and if not, winter will soon be over!

A Very Wintry Word Search

S	V	Y	R	В	С	S	L	M	G	S	Y	
L	E	E	K	L	Ρ	Χ	С	S	0	N	W	
0	Z	E	Ο	S	Α	Y	Α	G	Η	0	N	
S	A	U	R	V	Χ	E	Т	V	D	W	В	
M	D	С	N	Т	L	J	Α	Χ	N	M	Р	
S	Y	J	Α	F	Ε	U	R	С	U	A	R	
R	С	V	W	R	K	R	L	J	0	N	В	
F	I	0	С	Q	D	U	Α	M	R	Т	D	
Z	N	G	Y	L	0	I	Z	В	G	J	M	
S	Р	I	N	Ε	С	0	N	Ε	Т	U	D	
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ΤΛΤ	\mathbf{F}	7.7	Δ	R	C	\cap	7.	D	Τ.	7.	TT	

BARE TREES RAVEN
CARDINAL SKY
CLOUDS SNOW FLEAS
GROUNDHOG SNOWMAN

GROUNDHOG ICY PINE CONE

Zipporah and Eliora Zoller

Mystical Magical Ravens!

Even if you've never actually seen a raven, you probably know a lot about its reputation as a mystical, magical, and intelligent creature. Edgar Allen Poe wrote a famous poem about the raven's enigmatic cry of "nevermore." In Great Britain, there's a story that the British Kingdom will fall if the ravens desert the Tower of London. There's even a school for smart people, called "Ravenclaw," in the world of Harry Potter. But what exactly is a raven anyway? How can you tell it apart from its relative, the "cawing" crow?

Crows and ravens, although in the same genus (*Corvus*) are quite different. Ravens are as big as red-tailed hawks, soar more than crows, and have wings you can see through and a wedge-shaped tail that's apparent when they are flying. Ravens are uncommon around here, so if you see a big black bird, chances are good that it is a big crow, not a raven.

When it comes to diet, ravens are scavengers, meaning that they like decaying meat and human garbage. We may not have rotting rodents in our backyards, but you can certainly look out for ravens in places like highways, where roadkill abounds. They do also eat grains and live insects, however.

The sound a raven makes more closely resembles a throaty, grunting croak than the typical "caw" of a regular crow. However, they do have the potential to mimic other birds and even human voices.

Whether you appreciate them for their beauty, boldness, or boisterous natures, be sure to watch out for them this winter as you look up at the travelers across the silver sky.















Winter Scavenger Hunt... Try It!

We like to play in the snow and hope to build lots of mini-snow-people in the yard this winter. But whether there's snow on the ground or not, we can always do a scavenger hunt! Just make a list of things to find (or see or touch), bundle up, and head outside. You can be general ("animal tracks") or specific ("deer track"). Here are some ideas to get you started:

pine cone nest feather insect icicle someti

icicle something wet animal tracks bird singing winter berries dried flower

You can also find scavenger hunt pages to print online like this one: http://www.scribd.com/doc/27340229/Winter-Nature-Walk-Worksheet

Zipporah and Eliora Zoller

Sources: animals.nationalgeographic.com; Wild Wisconsin Notebook by James Bucholz; allabout animals.nationalgeographic,com

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Make checks payable to Woodland Dunes Nature Center and send to Woodland Dunes P.O. Box 486 Two Rivers, WI 54241



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If you are looking for unique holiday gifts, shop at Woodland Dunes! We have fun gifts that give back by providing support for our organization.

Adopt-an-Owl

Adopt a saw-whet owl that was caught, banded and released at Woodland Dunes. Receive a certificate of adoption with the band number of your owl, a photo of a saw-whet owl, an information sheet, and a form for recording recaptures. \$25. Email jessicaj@woodlanddunes.org for details.

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Honor a friend or family member with a 4" x 8" brick or basketball sized boulder. Your message will be engraved and highlighted in black. Chose a brick paver (\$75) or a boulder (\$200). The brick pavers and boulders will border the paths and gardens near the Nature Center. Order forms available on our website.

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We have many fabulous nature-themed children's books and many adult nature guides specific to Wisconsin. Also check out our fleeces, hoodies, mugs, lapel pins and winter hats. Members get a 10% discount on all items.

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Make a monetary donation in a friend or family member's name. This can be done on our website using PayPal, or give us a call.

Woodland Dunes Membership

Give the gift of membership! Individual \$25; Family \$35. Perks include:

10% discount in the Nature Shop
Discounts on most programs and events
Dunesletter emailed or mailed to your home
The membership form is on our website and at the Nature
Center. Memberships are good for one year.

We apologize for any errors or omissions in this issue. Please let us know, and we will print a correction in the next issue of The Dunesletter.

Woodland Dunes

Become a member!

Nar	ne	
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Ema	ail	
0	\$25	Individual
0	\$35	Family
0	\$50	Patron
0	\$100	Contributor
Gua	arantors	
0	\$250	Conservator
0	\$500	Benefactor
0	\$1,000	Steward
0	\$5,000	Guardian

Please send this form and your taxdeductible donation to Woodland Dunes today.

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Headquarters

Hwy. 310 west of Two Rivers

Hours

Monday - Friday: 9 a.m. to 4 p.m. Saturday: Summer • 9 a.m. to noon

Winter • by appt. or for events Hiking trails open year round

Phone (920) 793-4007

nature@woodlanddunes.org www.woodlanddunes.org

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Assistant Director/Education Coordinator
Kelly Eskew Vorron
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